

**FREE COORDINATED SCHOOL HEALTH TRAININGS AND MEETINGS SCHEDULE (CSH)**  
**TO SCHEDULE CSH TRAINING PLEASE CONTACT: BRENDA CARRILLO**

WORKSHOP/PRESENTATION TITLE	FOCUS AREA	DATE	DURATION	PRESENTER
Stress Management	Focuses on strategies for adolescents to reduce stress in their lives	July 8, 2010	1.5 hours	Brenda Carrillo
Mental Health Aid for Suicide Prevention	Webcast	Sept. 10, 2010	1.5 hours	Brenda Carrillo
Coordinated School Health Collaborative	Educational professionals come together to discuss pertinent issues impacting schools	Oct. 7, 2010	2 hours	Brenda Carrillo
<i>ffl</i> Champion Meeting	<i>ffl</i> Champions come together to discuss health and wellness practices and policy	Oct. 7, 2010	2 hours	Brenda Carrillo
HIV/STD Training	In depth look at HIV/STD's to promote understanding of what is required regarding sexuality education in the CA Education Code	Oct. 13, 2010	4 hours	Paul Gibson
CSH Advisory Council Meeting	Community leaders come together to support CSH	Oct. 27, 2010	2 hours	Brenda Carrillo
Consequences of Drinking and Driving	This panel presentation will address the negative impact of drinking and driving	Nov. 10, 2010	2 hours	Traffic and Safe Communities Network
Coordinated School Health Collaborative	Educational professionals come together to discuss pertinent issues impacting schools	Dec. 2, 2010	2 hours	Brenda Carrillo
<i>ffl</i> Champion Meeting	<i>ffl</i> Champions come together to discuss health and wellness practices and policy	Jan. 20, 2011	2 hours	Brenda Carrillo
Suicide Prevention	Two day training focused in suicide prevention and intervention	Jan. 27-28, 2011	8 hours each day	Santa Clara County Mental Health/ Rich Lieberman
CSH Advisory Council Meeting	Community leaders come together to support CSH	Feb. 9, 2011	2 hours	Brenda Carrillo
Coordinated School Health Collaborative	Educational professionals come together to discuss pertinent issues impacting schools	Feb. 10, 2011	2 hours	Brenda Carrillo
Coordinated School Health Collaborative	Educational professionals come together to discuss pertinent issues impacting schools	Apr. 7, 2011	2 hours	Brenda Carrillo
<i>ffl</i> Champion Meeting	<i>ffl</i> Champions come together to discuss health and wellness practices and policy	Apr. 21, 2011	2 hours	Brenda Carrillo
HIV/STD Training	In depth look at HIV/STD's to promote understanding of what is required regarding sexuality education in the CA Education Code	May 3, 2011	7 hours	Paul Gibson
CSH Advisory Council	Community leaders come together to support CSH	June 1, 2011	2 hours	Brenda Carrillo

Coordinated School Health Collaborative	Educational professionals come together to discuss pertinent issues impacting schools	June 2, 2011	2 hours	Brenda Carrillo
Nutrition and Wellness	Strategies to improve child health and wellness will be shared	Appointment	TBD	Brenda Carrillo
Supporting the Social and Emotional Needs of Your Child	Strategies to meet the social and emotional needs of students will be explored	Appointment	TBD	Brenda Carrillo
The Impact of Drugs on the Adolescent Brain	The physiology of addiction and the health risks of drug use will be discussed	TBD (2 sessions throughout the year)	TBD	Ralph Cantor