

Women's
WLN
Leadership
Network



Maintaining a Healthy You — Inside and Out

- ◆ Feeling a little 'harried'?
- ◆ Juggling tasks getting to be a bit too much for you?
- ◆ Are you wondering how to BALANCE it ALL?



Then, here's the event, just for you! . . .



Cost:

WLN Members: \$10.00
Non-members: \$25.00

For more information, contact:

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Register at:

<http://www.sccoe.org>
Click on Professional
Development Calendar

Or go to
<http://santaclara.k12oms.org>

Please register by:
Thursday, 12/2/2010

Active link:

<http://santaclara.k12oms.org/eventdetail.php?id=43229>

Balancing Leadership and Personal Growth

Join us for an evening with colleagues to learn strategies for achieving a healthy work and life balance, including:

- ⇒ Taking care of yourself as well as you do others
- ⇒ Defining and applying the six themes of personal growth
- ⇒ Nourishing your spirit, finding time for solitude and meditation, and cultivating relationships
- ⇒ Fulfilling your purpose as a leader and finding meaning as a person

WHEN:

December 9, 2010

TIME: 4:30—7:00 p.m.

WHERE: Gilroy Room

Santa Clara County
Office of Education

1290 Ridder Park Drive,
San Jose, CA 95131



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Office of Education



association of california
school administrators